



SAVE TODAY. SAVE TOMORROW.
SAVE FOR GOOD.



LOW TO NO COST TIPS FOR SAVING ENERGY

Higher fuel and electricity prices don't have to turn into higher energy bills if you take steps to be more energy efficient. Start today by taking low or no cost steps to use less energy. And make a plan, when replacing old equipment or upgrading your home, to look for the ENERGY STAR label and take advantage of [rebates](#) offered in many parts of the country to help make your investment in energy efficiency more affordable. It pays off in the end—on average, a home equipped with ENERGY STAR certified products uses 24% less energy for an annual energy bill savings of about \$450.

ENERGY STAR RECOMMENDS—START WITH:

LIGHTING

Replacing your five most frequently used light fixtures or the bulbs in them with ENERGY STAR certified bulbs can save nearly \$40 a year in energy costs. [ENERGY STAR certified LED light bulbs](#) provide high-quality light output, use up to 90% less energy, and last 15 times longer than standard bulbs, saving money on energy bills and replacement costs.

HEATING/COOLING

- Installing an ENERGY STAR certified smart thermostat can help you control temperatures in the house for optimal savings and comfort. If you have a manual or programmable thermostat, set or program it at lower settings while you are away or asleep. [Learn more.](#)
- If you have old windows but can't afford to replace them, consider adding ENERGY STAR certified storm windows. [Learn more.](#)
- If you have window air conditioners, look for ENERGY STAR certified models. Make sure you remove them in the winter or insulate them with a tight-fitting a/c unit cover. [Learn more.](#)



LOOK FOR THE BLUE LABEL

Look for the ENERGY STAR label on products from lighting to appliances and electronics to heating and cooling equipment to save energy, save money and help protect the climate. Products that earn the ENERGY STAR label are independently certified to meet strict energy efficiency specifications set by the US EPA. Many local utilities offer rebates on ENERGY STAR certified products. Visit energystar.gov/saveforgood to find products and rebates.





CLOTHES WASHING

Heating water accounts for about 90% of the energy your machine uses to wash clothes. Wash your laundry with cold water whenever possible. Depending on the clothes and local water quality (hardness), many homeowners can effectively do laundry exclusively with cold water, using cold water laundry detergents. To save water, try to wash full loads or, if you must wash a partial load, reduce the level of water appropriately. [Learn more.](#)

CLOTHES DRYING

Don't over dry your clothes. If your dryer has a moisture sensor that will automatically turn the machine off when clothes are done, use it to avoid over drying. Remember to clean the lint trap before every load. Dry full loads, or reduce drying time for partial loads. [Learn more.](#)

SHOWER/BATH

A ten-minute shower can use less hot water than a full bath, especially with a low-flow shower head.

DISHWASHING

Save on hot water by scraping dishes instead of rinsing them before loading in the dishwasher. Run your dishwasher with a full load and use the air-dry option if available. [Learn more.](#)



Learn all the ways you can save with ENERGY STAR, including with programs from your local utility and special offers from your favorite retail and product brands at energystar.gov/saveforgood.